

# ACADEMIC COACHING

MTSA is committed to student success. Students have the opportunity to meet with an Academic Coach at any time during their enrollment at MTSA. An Academic Coach meets one-on-one with a student to provide individual support, assess student strengths and needs, and devise a personalized plan of action.

Academic Coaches provide students with academic support and strategies to help in many areas, including but not limited to the following:

- Study Skills
- Time Management
- Test-Taking Strategies
- Test Anxiety
- Writing Assistance
- School-Life Balance & Returning to School

Students may decide to meet with an Academic Coach on their own, or they may be referred by a faculty member.

For more information or to make an appointment, please contact Jessica Creason at [jessica.creason@mtsa.edu](mailto:jessica.creason@mtsa.edu) or 615-732-7671.